

WINKLERS

Moarhof



Classic Massages

Claudia Sophia Cappel

Appointments by arrangement

Classics

Partial body massage
(back / shoulder / neck)
25 minutes € 35

Full body massage
50 minutes € 65

Sports massage
Deep tissue and leg massage 25 minutes € 40
Deep tissue - full body 50 minutes € 75

Foot reflexology massage
25 minutes € 35

Massage combination of your choice
50 minutes € 65
75 minutes € 85

Manual lymph drainage
25 minutes € 35
50 minutes € 65

Connective tissue or fascia massage
50 minutes € 65

All vertebrae in balance

Dorn –Breuss- method
25 minutes € 35
50 minutes € 65

Cranio sacral regulation
with gentle release of tense fascia
60-70 minutes € 85

A treat for the senses

Aroma or herbal oil massage
with different oils such as: Swiss stone pine, rose, lavender,
lemongrass, orange...
25 minutes € 35
50 minutes € 65

**Brush massage followed by
Aroma or herbal oil massage**
Promotes circulation and soothes
50 minutes € 65

Face scrub
50 minutes € 65

Local specialities

East Tyrolean organic honey massage
For the back and connective tissue
25 minutes € 35
50 minutes € 65

Honey- Ginger Oil Massage
Promotes blood circulation and soothes
50 minutes € 65

Detox Footspa
Bubble bath with negative ions
80 minutes € 108

Classics from China

Moxa, Schröpfen and GuaSha
25 minutes € 35
50 minutes € 65

**Combination of aromatic oil foot bath,
foot reflex & full body massage**
80 minutes € 90

Special applications

Annika Jauffer

Appointments by
arrangement

Gua Sha Anti-Age Application and Dien Cham Facial Reflexology Massage

Gua Sha is an ancient scraping technique from China. During the Gua Sha facial application is worked only on the face, of course very gently. The skin is well supplied with blood - the result is an even, rosy, radiant complexion. Wrinkles are reduced, puffiness often disappears completely. Dien Cham Vietnamese facial reflexology massage, it consists of a facial massage and the punctual stimulation of exact reflex points

25 minutes € 35

LOMI LOMI NUI Bodywork

Lomi Lomi Nui is a Hawaiian bodywork that balances energy deficits, releases tension, stimulates self-healing processes and has a particularly healing effect on the spiritual and mental levels. Flowing touches, lots of oil on the skin - a dive into another world - a journey to yourself...

Back 50 minutes € 75
Full body 90 minutes € 125

Whole body - relaxation wellness application with essential oils

With special strokes, combined with Lomi Lomi Nui and the Tibetan eight massage, blockages on the physical and mental level should be released and the harmony of body, mind and soul restored.

Full body 50 minutes € 65

Deep relaxation for back, neck and head with aroma oil

The application is a combination of the Hawaiian bodywork Lomi Lomi and the Indian head massage "Head Relax". Due to the high relaxation effect, this application is an efficient support against headaches and insomnia

Back, neck, head 50 minutes € 65

Activating brush application

followed by oil treatment ... promotes blood circulation and stimulates the body's circulation. Brush application is especially suitable for low blood pressure, lack of drive in the morning and fatigue

Full body 50 minutes € 65

Foot reflex revitalization or combination application

By stimulating the reflex zones on the foot, the whole body is positively influenced, blockages are released, especially effective of course in combination with deep relaxation for the back and neck with essential oils

Foot reflex massage 25 minutes € 35
Combination massage 50 minutes € 65

East Tyrolean Herbal Stamp Ritual

Fragrant, hot herbal stamps and herbal essences, warm oils and soothing touches... This treatment has a positive effect on the entire organism. The herbal stamp is individually bound for each guest with local herbs from East Tyrol.

Back 50 minutes € 75
Full body 90 minutes € 125

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